The POVERELLO HOUSE 2013 ANNUAL 5K RUN to FEED The HUNGRY

Sunday SEPT 29, 2013
WOODWARD PARK

Join us on September 29th at Woodward Park to celebrate the amazing work Poverello House has accomplished over the past 40 years. Bring your family and friends to participate in the First Annual Run to Feed the Hungry 5k Run/Walk and Pancake Breakfast. All proceeds will benefit Poverello House and continue to provide vital services to the poor, hungry and homeless. Any way you choose to contribute will make a difference. Just come join the fun!

EVENT AND RACE DETAILS:

Race registration begins at 6:30 AM
Pancake breakfast begins at 7:30AM
1/4 Mile Kids 7-9 (7:30AM), 1/4 Mile Kids 5-6 (7:35AM), 1/8 Mile Kids 4 & under (7:40AM), 5K Run (7:50AM) & 2 Mile Walk (8:00AM).
**Due to course layout kids must run first.*

Race Director: Ken Takeuchi

EVENT RACE PACKET/ T-SHIRT PICK-UP

Race packets and T-shirts will be available for pick up on Thursday and Friday, September 26th & 27th from 10:00AM to 7:00PM at Sole 2 Soul, Fig Garden Village 5052 N Palm Ave. Fresno, CA 93704. We encourage packet pick-up on 9/26-27, 2013 but will have them available on race day at 6:30AM at the Group Activities area. T-shirts will be distributed on a first-come, first-served basis, and upon size availability for late and race day participants.

FEES *(Must PRE-REGISTER for all events)*

Cost of Race and Pancake Breakfast
Each race participant will receive a T-Shirt and a Pancake Breakfast
#_____ x $25 = $_____Adult pre-registration prior to 9/15/2013
#_____ x $30 = $_____Adult pre-registration after 9/16/2013

Children 12 and under
#_____ x $10 = $_____Children pre-registration prior to 9/15/2013
#_____ x $15 = $_____Children pre-registration after 9/16/2013

Breakfast Only
#_____ x $10 = $_____Adult breakfast only
#_____ x $5 = $_____Child breakfast only
#_____ x $10 = $_____Extra Race Day T-Shirt

$_____ **TOTAL ENCLOSED**

RACE DAY PARTICIPANTS

_____ 1/4 Mile Kids 7-9 (7:30AM)
_____ 1/4 Mile Kids 5-6 (7:35AM)
_____ 1/8 Mile Kids 4 and under (7:40AM)
_____ 5K Run (7:50AM)
_____ 2 Mile Walk (8:00AM)

EVENT T-SHIRT

Adult Sizes
_____ Small
_____ Medium
_____ Large
_____ X-Large
_____ XX-Large

Kids Event T-Shirt
Quantities are limited
_____ Small
_____ Medium
_____ Large

Please mail entry with payment to:

Poverello House - Attention: Jessica Duarte
PO Box 12225, Fresno, CA 93777 (Make checks payable to Poverello House)

OR

Charge my credit card: ☐ Visa ☐ Mastercard ☐ AmEx ☐ Discover

Name on Card _____
Card Number _____ Exp. Date _____
Signature _____

Name _____
Business/Organization _____
Address _____
City _____ State _____ Zip _____
Telephone _____
E-mail Address _____

Event Waiver:
I allow my child and/or myself and other family members to participate in this program/activity. In consideration of accepting my entry, I and those participating with me, intending to be legally bound for ourselves, our heirs, executor and administrators, waive and release any and all rights to claims or damages we may accrue against Poverello House, City of Fresno, committee members of the Poverello House 5k Run to Feed the Hungry Run/Walk and Pancake Breakfast and all sponsors and race officials, their agents, for any and all injuries, aliments or other consequences suffered by me and those participating with me resulting from my/our participation in the Poverello House 5k Run/Walk on September 29, 2013. I/We hereby grant full permission to Poverello House or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose. I/We have read and understand everything written above.

Signature of Runner/Walker: _____ Date: _____ Signature of Guardian: _____ Date: _____
(if under 18 years of age)

Poverello House 40 YEARS Est. 1973

For more information or to volunteer, please contact Jessica Duarte at Poverello House (559)498-6988 or email duarte@poverellohouse.org